***Myers Test Prep Strategies***

* **Start early –**
	+ Start studying 10-14 days ahead of your test
* **Create your own study guide –**
	+ You can base this off of your notes
	+ You can base this off of your teachers’ study guide
	+ Include the following:
		- Key terms
		- Big concepts
			* Explanations of key terms and concepts
		- Big dates
	+ Once you have created your study guide go over it 2-3 times a day
		- This shouldn’t take more than 15-20 minutes at a time
* **Create flashcards –**
	+ Create flashcards for key terms
	+ Create flashcards for key dates
	+ Create flashcards for key concepts
		- Be sure to define and explain each of the above flashcards
* **Ask questions –**
	+ Ask your teacher what style the test is (multiple choice, essay, etc.)
	+ Ask your teacher for clarity on things you don’t understand
	+ Ask your classmates to study together
		- I realize this doesn’t work for everyone, you know your study habits/style better than anyone else, don’t do this if it doesn’t work.
* **Get lots of rest the night before the exam –**
	+ It is better to go to bed early and wake up early to study than to stay up late and sleep in
	+ Make sure you review one more time the day of the test
* **Look at big concepts and major information in class right before the test –**
	+ Once the test is set on your desk write the major information you were studying in the margins, or on the back of the test
		- This will help you if you easily forget information
		- **Make sure your teacher is OK with you writing on the test**
* **Drink water or bring a snack –**
	+ Make sure you are well nourished when take the test, especially if it is a large test (like a final)
* **Last but not least, stay as calm as possible –**
	+ If you have done the steps outlined above you should feel confident in your studies, you have put in the work and should feel good about the test you are taking!